

Week 1– 13th April 26

Day	Meal	Description	Allergens
Monday 13 th Apr	Meat	Chicken Pita Pockets Filled pitas with lightly seasoned tender chicken and seasonal salad	Wheat, milk, celery
	Veg	Cheese Pita Pockets Filled pitas with cheese and seasonal salad	Wheat, milk, celery
	Dessert	Warm Lemon Drizzle Slice A soft, sweet slice of lemony cake with a yummy drizzle on top – tangy, warm, and super tasty!	Wheat, egg, milk
Tuesday 14 th Apr	Meat	Our Hearty Beef Lasagne Traditional beef lasagne recipe made from scratch including a slow cooked bolognese sauce packed with hidden veggies	Wheat, milk, egg, celery, sulphites
	Veg	Roasted Vegetable Lasagne Traditional veg lasagne recipe made from scratch packed with hidden veggies (Gluten Free available on request)	Wheat, celery, milk, egg
	Dessert	Freshly Baked Custard Cream Biscuit Baked in house without any added nasties	Wheat, egg, milk
Wednesday 15 th Apr	Meat	Picnic Style Ham and Cheese Pinwheels with popcorn and a crunchy colourful salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Veg	Picnic Style Cheese and Cucumber Pinwheels with popcorn and a crunchy salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Dessert	Mini Brownie Bites made with hidden sweet potatoes served with fresh strawberries	Milk, soya
Thursday 16 th Apr	Veg	Vegetarian Only Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	Fresh Fruit & Yoghurt	Frubes/Choobs – see packaging
Friday 17 th Apr	Meat	Chippie-Style Fish & Chips Tender white fish fillets in crispy coating served with thick-cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Fingers & Chips In house veggie fingers served with thick cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Wheat, egg, milk, celery, soya
	Dessert	Warm Banana Bread Freshly baked and served while still warm	Wheat, milk, egg

Week 2– 20th April 26

Day	Meal	Description	Allergens
Monday 20 th Apr	Meat	Mini Turkey Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Celery, egg
	Veg	Veggie Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Soya, celery
	Dessert	Fresh Fruit bags (Gluten Free)	
Tuesday 21 st Apr	Meat	Pepperoni Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella, pepperoni and herbs served with a seasonal salad	Wheat, celery, milk, mustard
	Veg	Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a seasonal salad	Wheat, celery, milk
	Dessert	Bourbon Biscuits Our own in house freshly baked Bourbon Biscuits – but without the nasties!	Wheat, egg, milk
Wednesday 22 nd Apr	Meat	Roast Chicken Succulent honey and garlic roast chicken served with roast potatoes and fresh vegetables (Gluten Free)	Milk, celery, sulphites
	Veg	Veggie Roast Succulent honey and garlic roast Quorn fillet served with roast potatoes and fresh vegetables (Gluten Free)	Milk, celery
	Dessert	Sweet-Salty Popcorn Bags with Fruit Yoghurts (Gluten Free)	See Packaging Frubes/Choobs
Thursday 23 rd Apr	Veg	Vegetarian Only Rainbow Veggie Pasta & Garlic Bread Pasta with peas, sweetcorn, carrots in a light tomato sauce	Wheat, celery, milk
	Dessert	Fresh Seasonal Fruit	
Friday 24 th Apr	Meat	Crispy Fish Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Wheat, egg, milk, celery, soya
	Dessert	Rice Crispie Squares	Soya, milk, barley

Week 3– 27th April 26

Day	Meal	Description	Allergens
Monday 27 th Apr	Meat	Creamy Fish Pie Bake A delicious mix of flaky fish and veggies in a light creamy sauce with a soft mashed potato topping , oven baked to a golden finish (Gluten Free)	Milk, celery, sulphites
	Veg	Farmhouse Veggie Pie A delicious mix of tender vegetables light creamy sauce with a soft mashed potato topping , oven baked to a golden finish (Gluten Free)	Milk, celery
	Dessert	Chef's Surprise! (including fresh fruit) (Gluten Free)	Milk, sulphites
Tuesday 28 th Apr	Meat	Chef's Fresh Chicken Burger with chunky in house potato wedges	Wheat, celery, milk, soya
	Veg	Chef's Fresh Vegetable Burger with chunky in house potato wedges	Wheat, celery, milk, soya
	Dessert	Chef's Swiss Jam Roll Baked in house	Milk, wheat, milk
Wednesday 29 th Apr	Meat	MunchBox's Afternoon Tea (Meat) Assortment of Finger sandwiches (Ham, cheese & cucumber), freshly baked scone with jam, crudites and a mini vanilla cupcake	Milk, wheat, egg, celery
	Veg	MunchBox's Afternoon Tea (Veg) Assortment of Finger sandwiches (cheese & cucumber), freshly baked scone with jam, crudites and a mini vanilla cupcake	Milk, wheat, egg, celery
	Dessert	Mini Vanilla Cupcake Freshly baked	Wheat, milk, egg
Thursday 30 th Apr	Veg	Vegetarian Only Crispy Fluffy Jacket Potato Served with freshly churned butter and Chef's in house baked beans and grated cheese (Gluten Free)	Milk, celery
	Dessert	Fresh Fruit Frozen Frube Yoghurts weather permitting!	Frubes/Choobs- See packaging
Friday 1 st May	Meat	Giant Fish Finger & Potato Wedges White Fish coated in breadcrumbs served with corn cobettes and our in-house MunchBox Ketchup	Fish, wheat, egg, milk, celery, soya
	Veg	Giant Crispy Veggie Finger & Potato Wedges Mixed vegetables fingers coated in breadcrumbs served with corn cobettes with our in-house MunchBox Ketchup	Wheat, egg, milk, celery, soya
	Dessert	Freshly Baked Jammie Dodger Our own in house freshly baked Jammie Dodger – but without the nasties!	Wheat, egg, milk

Week 4– 4th May 26

Day	Meal	Description	Allergens
Monday 4th May BANK HOLIDAY	Meat		
	Veg		
	Dessert		
Tuesday 5 th May	Meat	Our Hearty Beef Lasagne Traditional beef lasagne recipe made from scratch including a slow cooked bolognese sauce packed with hidden veggies	Wheat, milk, egg, celery, sulphites
	Veg	Roasted Vegetable Lasagne Traditional veg lasagne recipe made from scratch packed with hidden veggies (Gluten Free available on request)	Wheat, celery, milk, egg
	Dessert	Freshly Baked Custard Cream Biscuit Baked in house without any added nasties	Wheat, egg, milk
Wednesday 6 th May	Meat	Picnic Style Ham and Cheese Pinwheels with popcorn and a crunchy colourful salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Veg	Picnic Style Cheese and Cucumber Pinwheels with popcorn and a crunchy salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Dessert	Mini Brownie Bites made with hidden sweet potatoes served with fresh	Milk, soya
Thursday 7 th May	Veg	Vegetarian Only Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	Fresh Fruit & Yoghurt	Frubes/Choobs – see packaging
Friday 8 th May	Meat	Chippie-Style Fish & Chips Tender white fish fillets in crispy coating served with thick-cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Fingers & Chips In house veggie fingers served with thick cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Wheat, egg, milk, celery, soya
	Dessert	Warm Banana Bread Freshly baked and served while still warm	Wheat, milk, egg

Week 5 – 11th May 26

Day	Meal	Description	Allergens
Monday 11 th May	Meat	Mini Turkey Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Celery, egg
	Veg	Veggie Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Soya, celery
	Dessert	Fresh Fruit bags (Gluten Free)	
Tuesday 12 th May	Meat	Pepperoni Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella, pepperoni and herbs served with a seasonal salad	Wheat, celery, milk, mustard
	Veg	Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a seasonal salad	Wheat, celery, milk
	Dessert	Bourbon Biscuits Our own in house freshly baked Bourbon Biscuits – but without the nasties!	Wheat, egg, milk
Wednesday 13 th May	Meat	Roast Chicken Succulent honey and garlic roast chicken served with roast potatoes and fresh vegetables (Gluten Free)	Milk, celery, sulphites
	Veg	Veggie Roast Succulent honey and garlic roast Quorn fillet served with roast potatoes and fresh vegetables (Gluten Free)	Milk, celery
	Dessert	Sweet-Salty Popcorn Bags with Fruit Yoghurts (Gluten Free)	See Packaging Frubes/Choobs
Thursday 14 th May	Veg	Vegetarian Only Rainbow Veggie Pasta & Garlic Bread Pasta with peas, sweetcorn, carrots in a light tomato sauce	Wheat, celery, milk
	Dessert	Fresh Seasonal Fruit	
Friday 15 th May	Meat	Crispy Fish Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Wheat, egg, milk, celery, soya
	Dessert	Rice Crispie Squares	Soya, milk, barley

Week 6 – 18th May 26

Day	Meal	Description	Allergens
Monday 18 th May	Meat	Creamy Fish Pie Bake A delicious mix of flaky fish and veggies in a light creamy sauce with a soft mashed potato topping, oven baked to a golden finish (Gluten Free)	Milk, celery, sulphites
	Veg	Farmhouse Veggie Pie A delicious mix of tender vegetables light creamy sauce with a soft mashed potato topping, oven baked to a golden finish (Gluten Free)	Milk, celery
	Dessert	Chef's Surprise! (including fresh fruit) (Gluten Free)	Milk, sulphites
Tuesday 19 th May	Meat	Chef's Fresh Chicken Burger with chunky in-house potato wedges	Wheat, celery, milk, soya
	Veg	Chef's Fresh Vegetable Burger with chunky in-house potato wedges	Wheat, celery, milk, soya
	Dessert	Chef's Swiss Jam Roll with Fresh Apple Slices	Milk, wheat, milk
Wednesday 20 th May	Meat	MunchBox's Afternoon Tea (Meat) Assortment of Finger sandwiches (Ham, cheese & cucumber), freshly baked scone with jam, crudites and a mini vanilla cupcake	Milk, wheat, egg, celery
	Veg	MunchBox's Afternoon Tea (Veg) Assortment of Finger sandwiches (cheese & cucumber), freshly baked scone with jam, crudites and a mini vanilla cupcake	Milk, wheat, egg, celery
	Dessert	Mini Vanilla Cupcake Freshly baked	Wheat, milk, egg
Thursday 21 st May	Veg	Vegetarian Only Crispy Fluffy Jacket Potato Served with freshly churned butter and Chef's in house baked beans and grated cheese (Gluten Free)	Milk, celery
	Dessert	Fresh Fruit	Frubes/Choobs- See packaging
Friday 22 nd May END OF HALF TERM	Meat	Giant Fish Finger & Potato Wedges White Fish coated in breadcrumbs served with corn cobettes and our in-house MunchBox Ketchup	Fish, wheat, egg, milk, celery, soya
	Veg	Giant Crispy Veggie Finger & Potato Wedges Mixed vegetables fingers coated in breadcrumbs served with corn cobettes with our in-house MunchBox Ketchup	Wheat, egg, milk, celery, soya
	Dessert	Freshly Baked Jammie Dodger Our own in house freshly baked Jammie Dodger – but without the nasties!	Wheat, egg, milk