

# Week 1 – 1<sup>st</sup> June 2026

Day	Meal	Description	Allergens
Monday 1 <sup>st</sup> June	INSET DAY – NO SCHOOL		
Tuesday 2 <sup>nd</sup> June	Meat	<b>Hot Dog</b> A juicy pork sausage nestled in a soft bun served with salad sticks and MBC ketchup	Milk, wheat, celery, sulphites, soya
	Veg	<b>Veggie Dog</b> A freshly prepared veggie sausage in a soft bun with salad sticks and MBC ketchup	Milk, wheat, celery, soya
	Dessert	<b>Vanilla &amp; Chocolate Drizzle Madeleine</b>	Wheat, egg, milk, soya
Wednesday 3 <sup>rd</sup> June	Meat	<b>Picnic Style Ham and Cheese Pinwheels*</b> In soft tortilla wraps with rice crackers and a crunchy colourful salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Veg	<b>Picnic Style Cheese and Cucumber Pinwheels*</b> In soft tortilla wraps with rice crackers and a crunchy salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Dessert	<b>Fruit Scone, Jam &amp; Cream</b> Freshly baked in house	Wheat, egg, milk, soya, sulphites
Thursday 4 <sup>th</sup> June	Veg	<b>Vegetarian Only</b> <b>Margherita Pizza</b> Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	<b>Frozen Frube Yoghurts &amp; Fresh Fruit</b>	See packaging
Friday 5 <sup>th</sup> June	Meat	<b>Chippie-Style Fish &amp; Chips</b> Tender white fish fillets in crispy coating served with thick-cut chips, peas, in house MBC ketchup and a sprinkle of salt & vinegar for that authentic chippie taste	Fish, wheat, egg, milk, celery
	Veg	<b>Crispy Veggie Fingers</b> Our In house veggie fingers in a crispy coating served with thick-cut chips, peas & MBC ketchup	Wheat, egg, milk, celery, soya
	Dessert	<b>MunchBox Fruit Ice Pops</b>  (In Silicone moulds)	

# Week 2 – 8<sup>th</sup> June

Day	Meal	Description	Allergens
Monday 8 <sup>th</sup> June	Meat	<b>Mini Turkey Meatballs</b> served with a Mediterranean sauce on fluffy basmati rice <b>(Gluten Free)</b>	Milk, celery
	Veg	<b>Quorn &amp; Vegetable Balls</b> served with a Mediterranean sauce on fluffy basmati rice <b>(Gluten Free)</b>	Milk, egg, soya
	Dessert	<b>Fresh Fruit salad &amp; Frozen Frube Yoghurt</b>	See packaging
Tuesday 9 <sup>th</sup> June	Meat	<b>Picnic Style - Fresh Chicken Stuffed Pittas</b> Lightly seasoned chicken in a soft pitta served with crunchy veggies <b>(Gluten Free pittas on request)</b>	Wheat, celery
	Veg	<b>Picnic Style – Cheese &amp; Salad Stuffed Pittas</b> Soft pitta served with grated cheese and crunchy veggies <b>(Gluten Free pittas available on request)</b>	Wheat, celery, milk
	Dessert	<b>Sweet and salty popcorn bags with Watermelon Wedges</b>	
Wednesday 10 <sup>th</sup> June	Meat	<b>Our Hearty Beef Lasagne</b> Traditional beef lasagne recipe made from scratch including a slow cooked bolognese sauce packed with hidden veggies	Wheat, milk, egg, celery, sulphites
	Veg	<b>Roasted Vegetable Lasagne*</b> Traditional veg lasagne recipe made from scratch packed with hidden veggies <b>(*Gluten Free available on request)</b>	Wheat, celery, milk, egg
	Dessert	<b>Chocolate Brownie*</b> made with hidden sweet potatoes <b>(*Gluten Free available on request)</b>	Wheat, milk, soya, eggs
Thursday 11 <sup>th</sup> June	Veg	<b>Vegetarian Only</b> <b>Cheese, Cucumber &amp; Homous Finger Sandwiches</b> served with tortilla chips and carrot batons	Wheat, milk, celery
	Dessert	<b>Fresh Vanilla Waffles with Strawberries and Cream</b>	Wheat, milk,
Friday 12 <sup>th</sup> June	Meat	<b>Crunchy Fish Bites with Mixed Potato Wedges</b> Golden crispy fish bites served with a mix of sweet potato and white potato wedges, MBC ketchup and corn cobettes	Fish, wheat, egg, milk, celery
	Veg	<b>Crunchy Veggie Bites with Mixed Potato Wedges</b> Golden crispy veg bites served with a mix of sweet potato and white potato wedges, MBC ketchup and corn cobettes	Wheat, milk, celery
	Dessert	<b>Frosted Vanilla Cupcake</b> Freshly baked in house	Wheat, milk, eggs

# Week 3 – 15<sup>th</sup> June

Day	Meal	Description	Allergens
Monday 15 <sup>th</sup> June	Meat	<b>Meatball Mania</b> Juicy in house beef meatballs served with spaghetti in a rich tomato sauce	Milk, wheat, celery, sulphites, soya
	Veg	<b>Veggie Ball Mania</b> Tasty plant based meatballs served with spaghetti in a rich tomato sauce	Milk, wheat, celery, soya
	Dessert	<b>S'More's Brownie</b>	Egg, milk, wheat,
Tuesday 16 <sup>th</sup> June	Meat	<b>MunchBox's KFC Chicken Burger</b> Fresh chicken coated in seasoned breadcrumb with chunky potato wedges and a corn cobette	Wheat, celery, milk, soya
	Veg	<b>MunchBox's KFC Vegetable Burger</b> Chefs in house veggie burger coated in seasoned breadcrumbs with chunky potato wedges	Wheat, celery, milk, soya
	Dessert	<b>Rice Crispies Square</b>	Milk, wheat
Wednesday 17 <sup>th</sup> June	Meat	<b>Picnic-Style - Pepperoni Pizza Wheels</b> Soft, cheesy spirals made from pizza dough, rolled up with tangy tomato sauce, pepperoni and veggies.	Wheat, celery, milk, mustard
	Veg	<b>Margherita Pizza wheels</b> Soft, cheesy spirals made from pizza dough, rolled up with tangy tomato sauce, mozzarella and veggies.	Wheat, celery, milk
	Dessert	<b>Fruit Kebab and a Vanilla Cookie</b>	Wheat, egg, milk
Thursday 18 <sup>th</sup> June	Veg	<b>Vegetarian Only</b> <b>Rainbow Veggie Sushi Rolls</b> Filled with crunchy cucumber, and sweet carrots, all wrapped in a tasty seaweed sheet served with rice crackers <b>(Gluten Free)</b>	Milk, celery, soya
	Dessert	<b>Courgette Cake</b> Soft, fluffy cake with a hidden courgette surprise, making it extra moist and delicious <b>(Gluten Free)</b>	Egg, milk, Gluten free flour
Friday 19 <sup>th</sup> June	Meat	<b>Breaded Fish Goujons</b> Chunky wedges and sweet garden peas, sweetcorn and MBC Ketchup	Fish, wheat, egg, milk, celery
	Veg	<b>Crispy Veggie Goujons</b> Chunky wedges and sweet garden peas and MBC Ketchup	Wheat, egg, milk, celery, soya
	Dessert	<b>Carrot Muffin</b> A super soft and moist muffin packed with hidden veggie goodness — so tasty you'd never know there's carrot in there!	Wheat, egg, milk

# Week 4 – 22<sup>nd</sup> June

Day	Meal	Description	Allergens
Monday 22 <sup>nd</sup> June	Meat	<b>Pasta Bolognese</b> A rich and savoury meat sauce made from minced beef, tomatoes, garlic, bechamel and herbs served with Penne pasta	Milk, wheat, celery, sulphites
	Veg	<b>Vegetable Penne Pasta</b> Penne pasta mixed with vibrant fresh vegetables, herbs, garlic and tomatoes	Milk, wheat, celery
	Dessert	<b>Warm Banana Bread</b> Freshly baked in house	Egg, milk, wheat, soya
Tuesday 23 <sup>rd</sup> June	Meat	<b>Hot Dog</b> A juicy pork sausage nestled in a soft bun served with salad sticks and MBC ketchup	Milk, wheat, celery, sulphites, soya
	Veg	<b>Veggie Dog</b> A freshly prepared veggie sausage in a soft bun with salad sticks and MBC ketchup	Milk, wheat, celery, soya
	Dessert	<b>Vanilla &amp; Chocolate Drizzle Madeleine</b>	Wheat, egg, milk, soya
Wednesday 24 <sup>th</sup> June	Meat	<b>Picnic Style Ham and Cheese Pinwheels*</b> In soft tortilla wraps with rice crackers and a crunchy colourful salad <small>(*Gluten free wraps available on request)</small>	*Wheat, celery, milk
	Veg	<b>Picnic Style Cheese and Cucumber Pinwheels*</b> In soft tortilla wraps with rice crackers and a crunchy salad <small>(*Gluten free wraps available on request)</small>	*Wheat, celery, milk
	Dessert	<b>Fruit Scone, Jam &amp; Cream</b> Freshly baked in house	Wheat, egg, milk, soya, sulphites
Thursday 25 <sup>th</sup> June	Veg	<b>Vegetarian Only</b> <b>Margherita Pizza</b> Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	<b>Frozen Frube Yoghurts &amp; Fresh Fruit</b>	See packaging
Friday 26 <sup>th</sup> June	Meat	<b>Chippie-Style Fish &amp; Chips</b> Tender white fish fillets in crispy coating served with thick-cut chips, peas, in house MBC ketchup and a sprinkle of salt & vinegar for that authentic chippie taste	Fish, wheat, egg, milk, celery
	Veg	<b>Crispy Veggie Fingers</b> Our In house veggie fingers in a crispy coating served with thick-cut chips, peas & MBC ketchup	Wheat, egg, milk, celery, soya
	Dessert	<b>MunchBox Fruit Ice Pops</b>  (In Silicone moulds)	

# Week 5 – 29<sup>th</sup> June

Day	Meal	Description	Allergens
Monday 29 <sup>th</sup> June	Meat	<b>Mini Turkey Meatballs</b> served with a Mediterranean sauce on fluffy basmati rice  (Gluten Free)	Milk, celery
	Veg	<b>Quorn &amp; Vegetable Balls</b> served with a Mediterranean sauce on fluffy basmati rice  (Gluten Free)	Milk, egg, soya
	Dessert	<b>Fresh Fruit salad &amp; Frozen Frube Yoghurt</b>	See packaging
Tuesday 30 <sup>th</sup> June	Meat	<b>Picnic Style - Fresh Chicken Stuffed Pittas</b> Lightly seasoned chicken in a soft pitta served with crunchy veggies  (Gluten Free pittas on request)	Wheat, celery
	Veg	<b>Picnic Style – Cheese &amp; Salad Stuffed Pittas</b> Soft pitta served with grated cheese and crunchy veggies  (Gluten Free pittas available on request)	Wheat, celery, milk
	Dessert	<b>Sweet and salty popcorn bags with Watermelon Wedges</b>	
Wednesday 1 <sup>st</sup> July	Meat	<b>Our Hearty Beef Lasagne</b> Traditional beef lasagne recipe made from scratch including a slow cooked bolognese sauce packed with hidden veggies	Wheat, milk, egg, celery, sulphites
	Veg	<b>Roasted Vegetable Lasagne*</b> Traditional veg lasagne recipe made from scratch packed with hidden veggies  (*Gluten Free available on request)	Wheat, celery, milk, egg
	Dessert	<b>Chocolate Brownie*</b> made with hidden sweet potatoes  (*Gluten Free available on request)	Wheat, milk, soya, eggs
Thursday 2 <sup>nd</sup> July	Veg	<b>Vegetarian Only</b>  <b>Cheese, Cucumber &amp; Homous Finger Sandwiches</b> served with tortilla chips and carrot batons	Wheat, milk, celery
	Dessert	<b>Fresh Vanilla Waffles with Strawberries and Cream</b>	Wheat, milk, celery
Friday 3 <sup>rd</sup> July	Meat	<b>Crunchy Fish Bites with Mixed Potato Wedges</b> Golden crispy fish bites served with a mix of sweet potato and white potato wedges, MBC ketchup and corn cobettes	Fish, wheat, egg, milk, celery
	Veg	<b>Crunchy Veggie Bites with Mixed Potato Wedges</b> Golden crispy veg bites served with a mix of sweet potato and white potato wedges, MBC ketchup and corn cobettes	Wheat, milk, celery
	Dessert	<b>Frosted Vanilla Cupcake</b> Freshly baked in house	Wheat, milk, eggs

# Week 6 – 6<sup>th</sup> July

Day	Meal	Description	Allergens
Monday 6 <sup>th</sup> July	Meat	<b>Meatball Mania</b> Juicy in house beef meatballs served with spaghetti in a rich tomato sauce	Milk, wheat, celery, sulphites, soya
	Veg	<b>Veggie Ball Mania</b> Tasty plant based meatballs served with spaghetti in a rich tomato sauce	Milk, wheat, celery, soya
	Dessert	<b>S'More's Brownie</b>	Egg, milk, wheat,
Tuesday 7 <sup>th</sup> July	Meat	<b>MunchBox's KFC Chicken Burger</b> Fresh chicken coated in seasoned breadcrumb with chunky potato wedges and a corn cobette	Wheat, celery, milk, soya
	Veg	<b>MunchBox's KFC Vegetable Burger</b> Chefs in house veggie burger coated in seasoned breadcrumbs with chunky potato wedges	Wheat, celery, milk, soya
	Dessert	<b>Rice Crispies Square</b>	Milk, wheat
Wednesday 8 <sup>th</sup> July	Meat	<b>Picnic-Style - Pepperoni Pizza Wheels</b> Soft, cheesy spirals made from pizza dough, rolled up with tangy tomato sauce, pepperoni and veggies.	Wheat, celery, milk, mustard
	Veg	<b>Margherita Pizza wheels</b> Soft, cheesy spirals made from pizza dough, rolled up with tangy tomato sauce, mozzarella and veggies.	Wheat, celery, milk
	Dessert	<b>Fruit Kebab and a Vanilla Cookie</b>	Wheat, egg, milk
Thursday 9 <sup>th</sup> July	Veg	<b>Vegetarian Only</b> <b>Rainbow Veggie Sushi Rolls</b> Filled with crunchy cucumber, and sweet carrots, all wrapped in a tasty seaweed sheet served with rice crackers <b>(Gluten Free)</b>	Milk, celery, soya
	Dessert	<b>Courgette Cake</b> Soft, fluffy cake with a hidden courgette surprise, making it extra moist and delicious <b>(Gluten Free)</b>	Egg, milk, Gluten free flour
Friday 10 <sup>th</sup> July	Meat	<b>Breaded Fish Goujons</b> Chunky wedges and sweet garden peas, sweetcorn and MBC Ketchup	Fish, wheat, egg, milk, celery
	Veg	<b>Crispy Veggie Goujons</b> Chunky wedges and sweet garden peas and MBC Ketchup	Wheat, egg, milk, celery, soya
	Dessert	<b>Carrot Muffin</b> A super soft and moist muffin packed with hidden veggie goodness — so tasty you'd never know there's carrot in there!	Wheat, egg, milk

# Week 7 – 13<sup>th</sup> July

Day	Meal	Description	Allergens
Monday 13 <sup>th</sup> July	Meat	<b>Pasta Bolognese</b> A rich and savoury meat sauce made from minced beef, tomatoes, garlic, bechamel and herbs served with Penne pasta	Milk, wheat, celery, sulphites
	Veg	<b>Vegetable Penne Pasta</b> Penne pasta mixed with vibrant fresh vegetables, herbs, garlic and tomatoes	Milk, wheat, celery
	Dessert	<b>Warm Banana Bread</b> Freshly baked in house	Egg, milk, wheat, soya
Tuesday 14 <sup>th</sup> July	Meat	<b>Hot Dog</b> A juicy pork sausage nestled in a soft bun served with salad sticks and MBC ketchup	Milk, wheat, celery, sulphites, soya
	Veg	<b>Veggie Dog</b> A freshly prepared veggie sausage in a soft bun with salad sticks and MBC ketchup	Milk, wheat, celery, soya
	Dessert	<b>Vanilla &amp; Chocolate Drizzle Madeleine</b>	Wheat, egg, milk, soya
Wednesday 15 <sup>th</sup> July	Meat	<b>Picnic Style Ham and Cheese Pinwheels*</b> In soft tortilla wraps with rice crackers and a crunchy colourful salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Veg	<b>Picnic Style Cheese and Cucumber Pinwheels*</b> In soft tortilla wraps with rice crackers and a crunchy salad (*Gluten free wraps available on request)	*Wheat, celery, milk
	Dessert	<b>Fruit Scone, Jam &amp; Cream</b> Freshly baked in house	Wheat, egg, milk, soya, sulphites
Thursday 16 <sup>th</sup> July	Veg	<b>Vegetarian Only</b> <b>Margherita Pizza</b> Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	<b>Frozen Frube Yoghurts &amp; Fresh Fruit</b>	See packaging
Friday 17 <sup>th</sup> July	Meat	<b>Chippie-Style Fish &amp; Chips</b> Tender white fish fillets in crispy coating served with thick-cut chips, peas, in house MBC ketchup and a sprinkle of salt & vinegar for that authentic chippie taste	Fish, wheat, egg, milk, celery
	Veg	<b>Crispy Veggie Fingers</b> Our In house veggie fingers in a crispy coating served with thick-cut chips, peas & MBC ketchup	Wheat, egg, milk, celery, soya
	Dessert	<b>MunchBox Fruit Ice Pops</b> (In Silicone moulds)	

# Week 8 – 20<sup>th</sup> July

Day	Meal	Description	Allergens
Monday 20 <sup>th</sup> July	Meat	<b>Mini Turkey Meatballs</b> served with a Mediterranean sauce on fluffy basmati rice  (Gluten Free)	Milk, celery
	Veg	<b>Quorn &amp; Vegetable Balls</b> served with a Mediterranean sauce on fluffy basmati rice  (Gluten Free)	Milk, egg, soya
	Dessert	<b>Fresh Fruit salad &amp; Frozen Frube Yoghurt</b>	See packaging
Tuesday 21 <sup>st</sup> July <b>END OF TERM</b>	Meat	<b>Picnic Style - Fresh Chicken Stuffed Pittas</b> Lightly seasoned chicken in a soft pitta served with crunchy veggies  (Gluten Free pittas on request)	Wheat, celery
	Veg	<b>Picnic Style – Cheese &amp; Salad Stuffed Pittas</b> Soft pitta served with grated cheese and crunchy veggies  (Gluten Free pittas available on request)	Wheat, celery, milk
	Dessert	<b>Sweet and salty popcorn bags with Watermelon Wedges</b>	