

Week 1– 23rd Feb 26

Day	Meal	Description	Allergens
Monday 23 rd Feb	Meat	Chicken Fried Rice Soft rice tossed with juicy chicken and little pops of veg , all gently cooked with a mild flavour (Gluten Free)	Milk, celery
	Veg	Vegetable & Egg Fried Rice Soft rice tossed with scrambled egg and little pops of veg , all gently cooked with a mild flavour (Gluten Free)	Milk, celery, egg
	Dessert	Berry Oat Crumble Sweet, juicy berries topped with an oat crumble — warm and yummy on a winter day! (Gluten Free)	GF flour, milk, egg
Tuesday 24 th Feb	Meat	MunchBox Popcorn Chicken Our infamous Popcorn Chicken served with garlic bread, a corn cobette and MunchBox ketchup	Wheat, milk, egg, celery, sulphites
	Veg	Vegetable Popcorn Bites Our Popcorn vegetable bites served with garlic bread, a corn cobette and MunchBox ketchup	Wheat, celery, milk, egg
	Dessert	Warm Banana Bread	Wheat, milk, egg
Wednesday 25 th Feb	Meat	Pasta Bolgnese A rich and savoury meat sauce made from minced beef, tomatoes, garlic, bechamel and herbs served with Penne pasta (Gluten free pasta available upon request)	Milk, wheat, celery, sulphites
	Veg	Vegetable Penne Pasta Penne pasta mixed with vibrant fresh vegetables, herbs, garlic and tomatoes (Gluten free pasta available upon request)	Milk, wheat, celery
	Dessert	Healthy Carrot Muffins	Milk, eggs, wheat
Thursday 26 th Feb	Veg	Vegetarian Only Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	Fresh Fruit & Yoghurt	Frubes – see packaging
Friday 27 th Feb	Meat	Chippie-Style Fish & Chips Tender white fish fillets in crispy coating served with thick-cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Fingers & Chips In house veggie fingers served with thick cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Wheat, egg, milk, celery, soya
	Dessert	Rice Crispie Squares	Soya, milk, barley, wheat

Week 2– 2nd March

Day	Meal	Description	Allergens
Monday 2 nd March	Meat	Mini Turkey Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Celery, egg
	Veg	Veggie Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Soya, celery
	Dessert	Fresh fruit bags (Gluten Free)	
Tuesday 3 rd March HOLI FESTIVAL OF COLOUR	Meat	Chef's Fresh Chicken Burger with chunky in house potato wedges	Wheat, celery, milk, soya
	Veg	Chef's Fresh Vegetable Burger with chunky in house potato wedges	Wheat, celery, milk, soya
	Dessert	Sprinkles Cupcakes	Milk, wheat, eggs, soya. sulphites
Wednesday 4 th March WORLD BOOK DAY	Meat	Hogwarts Hearty Beef Lasagne Traditional beef lasagne recipe made from scratch including a slow cooked bolognese sauce packed with hidden veggies	Wheat, milk, celery
	Veg	Hogwarts Roasted Vegetable Lasagne Traditional veg lasagne recipe made from scratch packed with hidden veggies (Gluten Free available on request)	Milk, celery, wheat
	Dessert	Charlie's Chocolately Brownies	Milk, wheat, eggs, soya. sulphites
Thursday 5 th March	Veg	Vegetarian Only Classic Green Pesto Pasta & Garlic Bread Freshly prepared pesto with spinach, basil, olive oil and sautéed garlic (No Nuts)	Wheat, celery, milk
	Dessert	Fruit yoghurts (Gluten Free)	Frubes/Choobs
Friday 6 th March	Meat	Crispy Fish Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Wheat, egg, milk, celery, soya
	Dessert	Freshly Baked Warm Apple Pie	Wheat, milk, eggs, sulphites

Week 3 – 9th March

Day	Meal	Description	Allergens
Monday 9 th March	Meat	Roast Chicken Succulent honey and garlic roast chicken served with roast potatoes and seasonal vegetables (Gluten Free)	Milk, celery, sulphites
	Veg	Veggie Roast Succulent honey and garlic roast Quorn fillet served with roast potatoes and seasonal vegetables (Gluten Free)	Milk, celery
	Dessert	Oatie Apple Crumble	GF flour, milk, egg
Tuesday 10 th March	Meat	Pepperoni Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella, pepperoni and herbs served with a seasonal salad	Wheat, celery, milk, mustard
	Veg	Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a seasonal salad	Wheat, celery, milk
	Dessert	Oat and choc chip cookie Freshly baked in-house	Milk, wheat, milk, soy
Wednesday 11 th March	Meat	Home Style Sausage, Mash & Gravy Juicy sausages served with soft mash and sweet petit pois (Gluten Free)	Milk, celery, sulphites
	Veg	Home Style Veggie Sausage & Mash Our in- house veggie sausages served with soft mash and sweet petit pois (Gluten Free)	Milk, celery, soy
	Dessert	Warm Banana Bread Freshly baked and served while still warm (Gluten Free)	GF flour, milk, egg
Thursday 12 th March	Veg	Vegetarian Only Homestyle Tomato Pasta Pasta served in a delicious slow cooked gently seasoned tomato sauce with extra hidden veggies for maximu	Wheat, Milk, celery
	Dessert	Fruit Yoghurt & Fresh Fruit	Frubes - See packaging
Friday 13 th March	Meat	Giant Fish Finger & Potato Wedges White Fish coated in breadcrumbs served with corn cobettes and our in-house MunchBox Ketchup	Fish, wheat, egg, milk, celery, soya
	Veg	Giant Crispy Veggie Finger & Potato Wedges Mixed vegetables fingers coated in breadcrumbs served with corn cobettes with our in-house MunchBox Ketchup	Wheat, egg, milk, celery, soya
	Dessert	Warm Jam Sponge Pudding Freshly baked in house	Wheat, milk,

Week 4 – 16th March

Day	Meal	Description	Allergens
Monday 16 th March	Meat	Chicken Fried Rice Soft rice tossed with juicy chicken and little pops of veg , all gently cooked with a mild flavour (Gluten Free)	Milk, celery
	Veg	Vegetable & Egg Fried Rice Soft rice tossed with scrambled egg and little pops of veg , all gently cooked with a mild flavour (Gluten Free)	Milk, celery, egg
	Dessert	Berry Oat Crumble Sweet, juicy berries topped with an oat crumble — warm and yummy on a winter day!	GF flour, milk, egg
Tuesday 17 th March ST PATRICKS DAY	Meat	MunchBox Popcorn Chicken Our infamous Popcorn Chicken served with garlic bread, a corn cobette and MunchBox ketchup	Wheat, milk, egg, celery, sulphite,
	Veg	Vegetable Popcorn Bites Our Popcorn vegetable bites served with garlic bread, a corn cobette and MunchBox ketchup	Wheat, celery, milk, egg
	Dessert	St Patricks Green Cupcakes	Wheat, milk, egg
Wednesday 18 th March	Meat	Pasta Bolgnese A rich and savoury meat sauce made from minced beef, tomatoes, garlic, bechamel and herbs served with Penne pasta (Gluten free pasta available upon request)	Milk, wheat, celery, sulphites
	Veg	Vegetable Penne Pasta Penne pasta mixed with vibrant fresh vegetables, herbs, garlic and tomatoes (Gluten free pasta available upon request)	Milk, wheat, celery
	Dessert	Healthy Carrot Muffins	Milk, eggs, wheat
Thursday 19 th March	Veg	Vegetarian Only Margherita Pizza Fresh pizza dough with tangy in house tomato sauce, mozzarella and herbs served with a corn cobette.	Wheat, celery, milk
	Dessert	Fresh Fruit & Yoghurt	Frubes – see packaging
Friday 20 th March	Meat	Chippie-Style Fish & Chips Tender white fish fillets in crispy coating served with thick-cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Fingers & Chips In house veggie fingers served with thick cut chips, peas and a sprinkle of salt & vinegar for that authentic chippie taste served with MunchBox ketchup	Wheat, egg, milk, celery, soya
	Dessert	Rice Crispie Squares	Soya, milk, barley,

Week 5 – 23rd March

Day	Meal	Description	Allergens
Monday 23 rd March	Meat	Mini Turkey Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Celery, egg
	Veg	Mini Turkey Meatballs Served with a fresh Mediterranean sauce on a bed of fluffy fragrant rice (Gluten Free)	Celery, egg
	Dessert	Fresh fruit bags (Gluten Free)	
Tuesday 24 th Feb	Meat	Chef's Fresh Chicken Burger with chunky in house potato wedges	Wheat, celery, milk, soya
	Veg	Chef's Fresh Vegetable Burger with chunky in house potato wedges	Wheat, celery, milk, soya
	Dessert	Warm brownie squares with hidden sweet potato (Shhh)	Milk, wheat, eggs, soya sulphites
Wednesday 25 th March INTERNATIONAL WAFFLE DAY	Meat	Beef Lasagne & Garlic Bread Traditional beef lasagne recipe made from scratch including a slow cooked bolognese sauce packed with hidden veggies, and	Wheat, milk, celery
	Veg	Roasted vegetable Lasagne & Garlic Bread Traditional veg lasagne recipe made from scratch packed with hidden veggies and a bechamel sauce (Gluten Free available on request)	Milk, celery, wheat
	Dessert	Fruit yoghurts (Gluten Free)	Frubes/Choobs
Thursday 26 th March	Veg	Vegetarian Only Classic Green Pesto Pasta & Garlic Bread Freshly prepared pesto with spinach, basil, olive oil and sautéed garlic (No Nuts)	Wheat, celery, milk
	Dessert	Fruit yoghurts (Gluten Free)	Frubes/Choobs
Friday 27 th March- END OF TERM	Meat	Crispy Fish Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Fish, wheat, egg, milk, celery
	Veg	Crispy Veggie Goujons Served with chunky chips, peas and sweetcorn, plus our special MunchBox ketchup for dipping fun	Wheat, egg, milk, celery, soya
	Dessert	Freshly Baked Warm Apple Pie	Wheat, milk, eggs,sulphites